

—COMMENTS ON EARLY CREATION AND EARTH CHANGES

—CONCEPT OF GOOD AND EVIL

INTRODUCTION: Here again is another Explorer Tape taken from the recording files of the Monroe Institute. This particular tape is important for us for several reasons. First, the time. This report or communication took place in January 1981. Second, a change. In 8 years working with this particular member of our Explorer team, whom we code MJL, she moved into a different state of consciousness, far different from any she had previously achieved. Finally, the quality of the Explorer herself. We obviously know her well. With her doctorate in psychology she has been in clinical and private practice for over twenty years. Keep all of these in mind and listen... MJL, isolated in the darkened CHEC\* unit is somewhere past Focus 15<sup>2</sup>.

EXPLORER (MJL): Hanz and I walked up a path... after we greeted each other... a very, very steep path... to the top of a very high mountain... the top of the world... Now, we are just sitting... looking down at all the other mountains.

MONROE: How is he?

EXPLORER: He's fine. He was so glad to see me.

MONROE: Very good...

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\* Controlled Holistic Environmental Chamber.

<sup>2</sup> Focus 15 is a state of consciousness in the timeless level.

EXPLORER: We're just sitting here, looking down...

MONROE: Ask Hanz if he would like to answer some questions we have thought up for him...

EXPLORER: He says «Fine».

MONROE: Ask him what it's like to be where he is. What is his existence like?

EXPLORER: He says that mostly it's a comfortable feeling, in the sense of what would feel a human who was in tune with his surroundings. Feelings are different for him because he has no body sensations in the same fashion human beings have feelings. But it is on a continuum so that there is some similarity.

He does not have the words that clearly distinguish... For example, he may speak of frustration, because our understanding of what frustration is would best describe what he is experiencing at a given time. Or he might use a word such as «balanced», which would mean his experience of his existence corresponds to what we mean when we say «balanced». So with this preface Hanz says there is a part of his existence that becomes somewhat difficult when he has charges whom he cannot reach because they are too busy and cludded. But when he's able to break through and have some measure of connection with those persons whom he is working for and with, then his existence seems to flow.

He says he has a purpose and a meaningful participation in the whole of existence in a similar way to the human participation and that he is in a different plane, a different

rung of the ladder, so to speak. But it is still a continuum. He's asking whether there is something more specific we want him to respond to.

MONROE: Yes, and thank him for that participation. He mentioned the question of frustration... does he experience emotion?

EXPLORER: He says he does not experience emotion in the same way that humans experience emotion. But he was a human and he has a memory, so that when the various experiences react within him, it is like tuning into a memory bank.

There is a reflection... like a reflection of an emotion. He says we must remember that emotions are tied in with the physical body, but the mental body as a reflection of the emotion. He has those reflections that come like waves, so he can recognize there is a different state, that it is not attached to him in the same way that our emotions are attached to us.

MONROE: Then, his emotions... he acts upon reflections? Or does emotion, that reflection, in any way cause him to act or perform in a certain way, such as it often does with us humans?

EXPLORER: He says they serve as a motivating energy. So, yes, in a way, they cause him to act somewhat differently, but also to remember in more detached manner. It's like he feels a nudging, a mental pushing, an extra awareness of a need to move this way or that way in his work. Do you understand?

MONROE: Yes, I see what he means. Does he in turn carry with him, as he is now, all of the memory when he was human? Is it recallable to him at will?

EXPLORER: Yes, but it is not interfering, in the sense that, yes, he can recall, if it is appropriate, but it does not hang about, so to speak; it does not clutter, interfere.

MONROE: Yes, very good... He used the term «charges» and «getting in touch with his charges». This infers that he is charged with making such communication. How did he obtain such charges?

EXPLORER: He says at his level of development he is part of a plan team that assumes responsibility for certain spiritual improvements, that it is as if these team members are responsible for the spiritual development of a certain segment of humans. And also, they have responsibilities toward other entities who are not human, but who are not developed to their level.

MONROE: How did he join this team? How did he come to be a member of it?

EXPLORER: He rather laughs and says: «We have been buddies for centuries. We have been in the world together and we have been in the nothingness together. We are one, truly one. I mean by that we are a part of the Greater One, but more closely a part of one another. When the Great Movement took place, the great splitting off of the parts, we were one and we divided into our present individual parts.»

MONROE: Then I find it very intriguing to ask what he means by «when the Great Movement took place».

EXPLORER: He says we were all one body of energy. We contained all of the planets, all of life. He does not know the precipitation, but he knows there was a breaking off of the sun, and the moon, and the planets. And he for a while was a part of the sun energy.

There was not always an individual consciousness, in the sense of an understanding and intelligence, although the great universal intelligence always existed. Then, mental processes as we know them today developed when it was necessary for them to be... in terms of a system, in terms of an organized, structured pattern. All he is sure of is that each particle of matter is important and each particle has its place and its duty or responsibility. Each reacts on the other. And he recalls a time when this particular combination of energy matter seemed to exist in a separate kind of space as a unit that could think and reason, and that at the time when humans were developed, this entity split again into five different parts. These subsequently have become what he earlier referred to as a *team*. As they split apart they developed different attributes.

MONROE: Did they stay in communication with each other?

EXPLORER: Yes, but not always in direct communication. When they were human beings, when they were inhabiting human bodies... They had only a slight amount of communication in a direct form.

MONROE: I see... that is very interesting. Then, did they all inhabit human bodies at the same period of time as we know time?

EXPLORER: Some experiences have been thus. Some have been experiences in which one or others of the team would inhabit a human body.

MONROE: Is any member of the team inhabiting a human body at this point in our time?

EXPLORER: This is very interesting... It is as if Hanz has turned his back on that question...

MONROE: Alright...

EXPLORER: An impression came of: «Yes, no, yes, no.» I questioned him again and he says it is not for you to know.

MONROE: Very good. That is important, and we will not push the question... Another thing that he mentioned was that they were responsible for non-human entities. When he says that, what is he speaking of?

EXPLORER: Entities that have left the human body but are not yet self-sufficient and self-directed on another plane. He says the concept in the church called «Purgatory» is something like he refers to, although other kinds of concepts connected with guilt and punishment are incorrect.

MONROE: Then these non-humans have been at one time inhabiting a human body?

EXPLORER: These particular non-humans have been in bodies but he says there are energy forms that have not been a part of human or animal or plant life as we know it.

MONROE: Do they have intelligence, such as humans purportedly have?

EXPLORER: These entities are split-off parts of the greater whole of energy, and if it were needed, for the balance of the system for these entities to develop, or all qualities of a system as we know it, the seeds are there.

MONROE: Can he communicate with such if he so desired, now?

EXPLORER: He says it is possible but in their plane persons are single-mindedly attentive to their own responsibilities, and this is out of the area of his and his team's responsibility.

MONROE: Very good. If he were to... in what direction does he try to help his charges move? What pattern does he try to help them form?

EXPLORER: He says that he must begin by helping each to understand emotionally as well as mentally the place where the individual is at the present moment. Then, he helps the person begin to appreciate the things of this world and this life, and to feel a stewardship for his body and his environment, and then to be ready to let go of any attachment.

The attachments are the major problem, the major blocks to spirituality. Even the attachments to what we call *religion* and *religious practice* is a stumbling block to spirituality.

Once he is able to help the individual to let go of attachments, there is only bliss and joy, and harmony.

MONROE: How does he help his charges do this?

EXPLORER: He has a way of becoming one with those individuals at times, so that a flash will seem to go through the mind, the understanding, a flash of an idea, or a tendency to follow a path or a pattern. In other words, he uses of what is available in the world: people, situations, and emotions.

There is a myriad of ways in which he works. But mainly, it is in the process of identification with the entity. This is done only very briefly, however, so that as the entity develops, it will begin to know that this kind of inspiration comes. And the inspiration is at the moment of identification.

MONROE: That's very good. Is there any relation to his communication during the period of what we call *sleep*?

EXPLORER: He says there are many times when he can communicate directly during sleep. It is a different form of communication, that there is a type of dream state in which the entity with whom he works —such as myself— moves more into an understanding of Hanz' existence, and moves with him to work in another plane. This work in another plane then reflects on the work that is being done on the Earth plane, so that it is a cooperative venture.

MONROE: We would like also, if I may interject, to more fully understand why we need to sleep. What is the purpose of the sleep we humans do?



EXPLORER: He says the purpose, from the universal standpoint, is to maintain the connection; to maintain this co-operation between entities at different levels of development and on different planes. But there is also a purpose in terms of the physical body; a purpose for releasing built-up tensions and pressures in the human body. He says there is a development level that can be reached so that those tensions will not build up, and at that level, the only purpose would be to maintain the communication and interconnection with the other planes of existence.

MONROE: That's very good. We're glad to know that... He spoke of emotions a great deal. How does what we label *love* fit into this pattern? Is it an emotion or is it something beyond that?

EXPLORER: *Love* is a larger concept than the love that we usually experience in the human state. Love, in the universal sense, is a kind of brotherhood—the concept of unity, the concept of one team needing to reunify the energy—but in the greatest sense, in the universal sense, this is an objective, rather than a subjective, experience. In the human condition, love is one of the emotions that are part of the attachments such as fear, hate, anger, and joy.

Hanz says it is very difficult for him to explain, because it does not exist. It is a misinterpretation, but a necessary misinterpretation, because of the way the human development has progressed... He says he really means «regressed» instead of «progressed» because there was once an understanding that all that exists in energy is perfection. The sense of being positive, or what we call *right* and *good*, and the

idea that some part of this energy is negative or bad is only an interpretation that there are two sides of an existence... How can one say that the heads of a coin are right and the tails on the same coin are wrong?

MONROE: I use, for example, some of the patterns that our religions have developed. For example, if one were to physically kill another individual, another human, there is no good or evil to this, is this correct?

EXPLORER: Hanz says this is very difficult to explain in human terms, but he will silently concentrate so he can try to explain to me, so that I can explain to you, what this means. We will be quiet for a bit.

MONROE: Very good. *Time lapse: 3 minutes.*

EXPLORER: He shows me little round, hard, bits of matter like metal balls, small balls, that are discoloured and need to be shined. They need to go through an abrasive process, to be polished, because they were intended to be bright. And the process of polishing is done by other particles that exist for the purpose of polishing... And he sees that I do not draw the connection fully, so he will try in another way.

MONROE: Very good. *Time laspe: 1 minute.*

EXPLORER: He says he has tried to show me —and I have had flashes, but they do not seem to be meaningful.... The problem is the phraseology, the terminology that exists in the human condition. We must move out of it and let go of the... the meaning... when we need to look at this issue. This issue is larger than the human condition can assimilate, but he says there is a stage beyond this condition in which we understand

that each act has a meaning in relationship to another act, and that one act cannot be called good, and one act bad. It is only a process which all of the energy must go through. There is a cause-and-effect relationship existing, and when we pull out a segment like a human being killing another human being, if this has to be labelled, then the only way it could be labelled is that this is the *dark side*, this is the *destructive side*, as opposed to, *the light*. That is why we have the good and bad labels. But, again, he says in true reality, when one is able to objectively view all of what exists at the same time, then there are no labels. There is just process existence that is a stage of development... He leaves me puzzled and he says this is all I am able to impart to you with your limited ability to understand.

MONROE: Tell him we appreciate very much this attempt at the least... In that same... or rather, let us turn momentarily into another direction... and see if we can get another type of understanding... In the terms of existence as humans, are there humans who in turn, in their own existence now, are there some that are identifiable? Can we identify those who are very spiritual people? Or what are the characteristics that will enable us to identify a person who is very spiritual and spiritually evolved?

EXPLORER: While you were asking that question, Hanz was giving me more insight into the previous question.

MONROE: Very good.

EXPLORER: Let me see if I can pass it through... It's only an enigmatic concept that will help over time to understand the good/evil terminology. In the example you

give of one human being killing another, it is the one who kills who is dead. We have a misinterpretation. When we fully understand this part of the concept, we will be one step closer to understanding the whole.

MONROE: We will attempt to do it.

EXPLORER: Now he says he will attempt to respond to the question of the more highly evolved individuals on the Earth. (*inaudible....*) ... as there are very few individuals who have let go of the physical attachments.

MONROE: Are there any that we are aware of?

EXPLORER: He says that these individuals may appear to us from time to time but they do not remain a part of our lives. It is as if they walk in the form of an ordinary person and give a message, give a needed example, and then move on. These highly developed individuals do not stay themselves in the form of powerful, influential, famous persons. We seldom know their names.

MONROE: Is there anyone in Man's history that —the history that we know— that has existed?

EXPLORER: He says beside those whom we already know about, such as Buddha, Mohammed, Christ Jesus, and some of their immediate followers, there have been those who remain nameless. And at times, there have been more of the more highly developed entities on the Earth.

MONROE: Alright, yes, thank you. Thank him for me... He expressed the viewpoint where all time is available to him.

From that perspective, as of our time now, and looking in the time just ahead of us, how does it appear to him from his viewpoint? What are the major events to look to be in our near time, within our physical lifetime?

EXPLORER: The first word that comes through is *chaos*... *chaotic times ahead*; and I asked him to be specific. I see buildings rocking, buildings cracking, hitting each other; and screams, terrible screams. I see large bodies of water rising up, engulfing whole cities... crashing down, waves crashing down, lifting up houses as if they were little flakes of dust. But as I am being shown these two major tragic events, strangely enough, I am utterly detached from them. I wonder, why do I not feel emotionally involved? It seems as if beneath or beyond this chaotic condition, a more perfect form of existence exists. It's as if this were all part of the cleansing process.

MONROE: In what timeframe does this take place, and what is the cause of it?

EXPLORER: I will try to stand back and set up a sort of distance from me for events that will be ten or more years in the future, and judge on the basis of the closeness of the events to me...

It appears that these events are very close, rather than beyond ten years. I cannot exactly pinpoint dates, but it feels so close that as I focus it's almost as if it is over. I do not understand this way of expressing that is being shown to me. I will ask specifically...

The answer I get is that the chaos is already in operation. The treachery of man to man, and particularly the treachery that is being perpetrated on innocent children is a forerunner of the larger chaotic conditions. There is a necessary cleansing process, but the time is not fixed. It is happening at a regular pace. One thing follows another. The Earth is already shaking. The events are taking place in a pattern that has long been established.

MONROE: I see.

EXPLORER: What I see clearly is that within the ten-year period, the worst will be over. There will be quiet again, and peace, and a new beginning.

MONROE: I appreciate very much the help that Hanz has given you, and given me, too... and I think now that we should probably let you return. Thank Hanz so much for participating in our quiz, as it were.

EXPLORER: Hanz says there is another message: that those of us who are expected to cope with the changes, to continue to be part of the human condition throughout the changes. They will be given extra strength and encouragement. And that much inner work must be done. Much cleansing work must be done to prepare for the Apocalypse.

MONROE: He will help us do this, I hope...

EXPLORER: He says we will mainly have to help ourselves and each other, but he continues to help, and all of those on his plane continue to help to open our awareness and our understanding. He says he will leave us now...

MONROE: Thank him so much for his participation with us, and that we hope to meet him again in the very near future... according to our time. And perhaps we can explore other things.

EXPLORER: There is something I wish to report... It is not from Hanz, but there has been an effort, an attempt on the part of other extra-terrestrial beings, to make contact. I have not fully given my permission. When they have attempted to make contact before, I have made it clear that I only want contact from those beings who come from the One whom I regard as God. That is all.

MONROE: Why would they want to contact you, do you know?

EXPLORER: There is a feeling of caution on my part, as if some of these beings may wish to use my body for purposes of their own, and I am not certain these are the most high-level purposes.

MONROE: Could not Hanz tell you about this, or guide you in this, if at anytime you decide to consider it?

EXPLORER: Hanz has come back and seems to be rather shrugging his shoulders.

MONROE: (*chuckling*) Yes... which can mean anything, right?

EXPLORER: Yes... Almost as if he were saying: «There are times when you are on your own»... But I do not fully believe this. I feel as if it is more of a tool he is using to give me more discrimination, to help me develop my own discrimination. But I fully believe he and other fully remain with me.

MONROE: I suspect they do... So, are you ready to return, now?

EXPLORER: Yes.

MONROE: Alright, then, I will give you some nice Beta signal and what else I can find... Debrief, debrief...

POST-SESSION RECORDING

MONROE: How are you doing?

EXPLORER: Fine...

MONROE: And do you remember all of that?

EXPLORER: Not all of it.

MONROE: I wondered how much of it you remembered. Did you find interesting what you remembered?

EXPLORER: What I remember was the part about the waves and I remember that the imagery... that I did not have very much imagery.

MONROE: You just remember the waves, then?

EXPLORER: Hm, hm...

MONROE: It was a very interesting session. I wish I would have had some gauges on you for this one.

EXPLORER: I was very deep.



MONROE: I know you were. This is about as deep as I can remember you being, and that's why I wondered... How do you feel now... alright?

EXPLORER: I'm not all the way back, but I feel fine... I don't feel anything (*chuckles*)...

MONROE: (*chuckling along*)... Ha, ha, ha... You don't feel anything... well...

EXPLORER: I mean I don't feel bad, I don't feel good... I'm just getting reacquainted with my body...

MONROE: I suspect so. I didn't know whether you... You had the most unusual voice delivery I've ever heard you do.

EXPLORER: Really?

MONROE: Some day, I'll play it back for you.

EXPLORER: Alright.

MONROE: It's really hard to describe... it's not the you that I know, anyway... It won't be the you that you know either...

EXPLORER: Well, each time I began to talk... This time I felt my body began to vibrate. It was as if a question would be asked, and then this entity would inhabit my body. It was different from when I would just ask and get an answer and say the answer, although it was happening... I was two people at the same time...

MONROE: We're getting close to it, now.

EXPLORER: Yeah... but at the same time I was feeling as if I were another entity, so it was as if another entity and I were merged together, and there was still the filtering process going on —through me— but it was in a very different way.

MONROE: (*chuckling*) Yeah, yeah, you can say that five times. You would not recognize your own voice.

EXPLORER: It was strange the part about the chaos... I could see the buildings... they were tall buildings, cracking and falling down... and I saw the waves, very clearly... huge waves, terrifying waves, and I kept wondering why I didn't feel upset... And it seemed to be happening —whatever I was experiencing— at the time it was happening. That is why it was so difficult to separate that time from this time... so I never really got any sense of time. But I didn't have a personal sense of being in it. It was like I was watching it, which could mean that that is a case where I will not be in it, so to speak, but it may not be it... Maybe I'll be gone already by the time (*chuckling*) by the time it takes place...

MONROE: (*chuckling along*) Well, it's one implication, yes.

EXPLORER: But it didn't have the sense of my actually being inside of a building falling down or in one of the houses that was being washed away by the waves... I didn't have a drowning feeling or a burning feeling or anything like that.

MONROE: Well, I think it's more that perspective, because when you are in that particular state, you have dropped those emotional patterns that are your characteristic.

EXPLORER: I didn't feel sad or upset. I just marvelled that I didn't ... It was strange... it was just as if the whole business of the right and wrong... whatever the words were I have no idea, but I know it was like a frustrating thing to have to describe something that couldn't be described. And yet, none of it made any difference... It was like: so if a person kills a person, they kill a person. There wasn't any kind of feeling like I'd feel now.

MONROE: Yes, this is what I mean. And I think this is that characteristic that you've also had in the past... but this is about as deep as I have ever seen you, and I say sometime —and not to-night, or whatever— I'll play the tape for you.

EXPLORER: Yeah... I'd like to hear it... Well, I'd like to get out of this contraption, now...

MONROE: Ok...

END OF RECORDING

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